

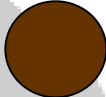








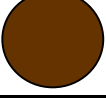


Aikido Yuishinkai – Children’s Grading Syllabus

Attack	Defense	Brown	Black
Shomenuchi	Irimi nage		
Yokomenuchi	Shihonage omote irimi		
Munetsuki	Kotegaeshi katameru		
Ushirotekubidori	Sankyo katameru		
Jo - Shooting Star			
Bokken – Sword of Nine Ways			
Taninzugake – Katatedori and Katatekosadori (1 adult uke, 1 minute)			
Futarigake – 2 person attack (Adult ukes)			
Sanningake – 3 person attack (Adult ukes)			