

Aikido Yuishinkai

Children's Grading Syllabus

Yellow Level (8 classes)

Sumi o'toshi-irimi
Katatekosadori kokyunage – jump in
Katatekosadori kokyunage – circle
Kokyu dosa

Orange Level (8 classes)

Sumi o'toshi-irimi
Katatekosadori kokyunage – jump in
Katatekosadori kokyunage – circle
Katatekosadori ikkyo tenkan katameru
Zagi-katatekosadori ikkyo-tenkan katameru
Kokyu dosa

Green Level (15 classes)

Sumi o'toshi-irimi
Katatekosadori kokyunage – jump in
Katatekosadori kokyunage – circle
Katatekosadori ikkyo tenkan katameru
Katatekosadori kotegaeshi
Ryotedori tenchi nage irimi
Zagi katatekosadori ikkyo tenkan katameru
Kokyu dosa

Blue Level (20 classes)

Katatedori tenkan kokyunage
Katatedori shihonage tenkan
Katadori ikkyo omote irimi katameru
Katadori ikkyo ura tenkan katameru
Ryotedori tenchi nage irimi
Kokyu dosa

Brown Level (25 classes)

Shomenuchi irimi nage

Yokomenuchi shihonage omote irimi

Munetsuki kotegaeshi katameru

Weapons

Jo (Shooting Star)

Futarigake

2 person attack (Adult ukes)

Junior Black Belt (25 classes)

Shomenuchi irimi nage

Yokomenuchi shihonage omote irimi

Munetsuki kotegaeshi katameru

Ushirotekubidori sankyo katameru

Weapons

Bokken (Sword of Nine Ways)

Jo (Shooting Star)

Taninzugake (1 adult uke, 1 minute)

Katatedori and Katatekosadori

Sanningake

3 person attack (Adult ukes)

Please note:

If Aikikids join adult classes (minimum age 12 years) their grade level is as follows:

Aikikids grade level	Adult grade level
Junior Black belt	4 th Kyu (orange)
Brown stripe	5 th Kyu (yellow)
Blue stripe	6 th Kyu (white)
Green stripe	7 th Kyu (white)